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women WITH heart

If you think you can't make a crucial difference, think again. This month we're honoring "women with heart"—women who have made steadfast commitments to improving the world. Check out these inspiring stories and find out how you can become a "woman with heart."

A GLOBAL VISION: EVALEEN JONES, M.D.



Evaleen Jones's commitment to global health began after a trip to Ecuador opened her eyes to the dire health conditions in developing countries. Within five years Evaleen founded Child Family Health International (CFHI), whose goal is advancing quality healthcare for all. Under her leadership CFHI has become a \$2.7 million organization that works with over 200 global partners. Evaleen is a true "woman with heart" who demonstrates an unshakable commitment to bringing humanity back to medicine. Visit cfhi.org for more information.

A RADICAL CHANGE: KATE ROBERTS



Kate Roberts was a smart, savvy businesswoman with a flair for fun. In the advertising world she was the kind of woman who made things happen. While on vacation in South Africa, Kate realized that she couldn't spend the rest of her life selling cigarettes and soda. A radical change ensued and Kate started YouthAIDS. She applied her marketing skills by enlisting the help of celebrities and capturing the attention of young people. Under her guidance, YouthAIDS has become a global effort, an accomplishment she finds infinitely rewarding. Visit YouthAIDS.org to stop the spread of HIV/AIDS.

AN INSPIRING PAIR: LIZ HAMMER AND VIOLETTE MUTEGWAMASO



Liz Hammer, a mother of two from Boston, Massachusetts, and Violette Mutegwamaso, a mother in war-torn Rwanda, are unlikely pen pals. A survivor of

Hutu and Tutsi violence, Violette had no means of supporting her family. Liz became her sponsor through Women for Women International. Her donation provided job training and education, which brought renewed hope to Violette's life. In addition to running a fledgling harvesting operation, Violette started a local female crafts cooperative that unites the Hutu and Tutsi women of the village. Visit womenforwomen.org to get involved.

FROM THE HEART: NIECA GOLDBERG, M.D.



Cardiologist Nieca Goldberg has dedicated her life to helping women prevent and take control of their heart disease. When her father was diagnosed with heart disease at 47, Nieca decided to study cardiology—a path that led her to become Chief of Women's Cardiac Care at Lenox Hill Hospital. Her New York City practice,

Total Heart Care, focuses primarily on caring for women and includes a base of over 2,000 patients from all over the country. As an author, volunteer for the American Heart Association and national spokesperson for the AHA's "Go Red For Women" campaign, Nieca inspires women to love and take care of their hearts. For more information about "Go Red for Women," visit GoRedForWomen.org.



DO YOU KNOW A "WOMAN WITH HEART"?

Bonefish Grill wants to reward her! To nominate someone who demonstrates great concern for others through charitable initiatives go to Omagazine.info/womenwithheart (while there, you can also read more about the above charities). Bonefish Grill will provide the winning entrant and the nominated "woman with heart" with gift certificates to a day spa. In addition, Bonefish Grill will make a \$1,500 donation to a charity selected by the "woman with heart." To learn more about Bonefish Grill visit BonefishGrill.com.

No purchase necessary to enter or win. "Women With Heart" sponsored by Hearst Communications, Inc. Contest begins 1/9/07 at 12:00 PM (ET) and ends 2/16/07 at 12:00 PM (ET). Must be 18 years or older and a resident of the 50 United States, District of Columbia or Canada. Void in Puerto Rico, Quebec Province and where prohibited by law. Contest is subject to complete official rules available at Omagazine.info.